



THE FIRST WORD

FIRST PRESBYTERIAN CHURCH

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Beyond New Year's resolutions — make 'faithful intentions'

By Laurens Glass, Website Manager for UMCOM.org at United Methodist Communications

This story was first published on Dec. 31, 2014.

New Year's Resolutions have always been a very pass/fail sort of test for me. I set myself up to forgo chocolate and lo and behold, two weeks into the New Year, I find myself munching nonchalantly on fudge. In the immortal words of comedian Steve Martin, "I forgot." But worse, one slip up and I feel like I have failed. I can't go back to "the day before the fudge" so what's the point? My record is no longer perfect. But that is the whole point from a spiritual perspective. We're not perfect. But we are improving. Resolving to be more spiritual is not a hard date to keep or a hard bar to leap over. It's a daily resetting of your mind and soul. It's trying again when you "fail" and knowing that you can never fail if you're trying. It is...grace. Here a few ideas for growing spiritually and for spurring you to think of your own.

1. Count to 10

Your mother was right — or, maybe it was my mother — but anyway, counting to 10 is an age-old axiom for a reason. Our first reactions to things may be influenced by how stressed we are at the moment, what just happened in that meeting or where our blood sugar levels are hovering. Do you really want to snap at someone because you are mad at someone else? Especially, if it that someone else is yourself? Taking a few seconds to think before speaking takes discipline and practice. But taking time to respond when you feel emotional is a spiritual exercise that will help you be more centered and more caring. Make sure you eat first.

2. Breathe

But I am! Right? Breathing is an involuntary response of the body. One that happens regardless of whether we're aware of it. But breathing can become shallow or quick when we are anxious or stressed — and that is when we need oxygen the most. There are over 30 verses in the Bible that mention breath and they seem to often be connected to or representative of Spirit, of God.

The Spirit of God has made me, and the breath of the Almighty gives me life. — Job 33:4
And when he had said this, he breathed on them and said to them,
"Receive the Holy Spirit. — John 20:22

Mindful breathing is essential to our spiritual life because it connects our heads with our bodies and our bodies with our hearts. When I feel afraid or physically sick, I breathe 10 times as deeply and calmly as I can and remind myself that it will be OK. And it is.

3. Think positive thoughts

I read that human beings think three or four negative thoughts to every positive one. My friends admit to beating themselves up for their shortcomings or worrying to the point of distraction about the future. When things are going wrong, that's the most difficult time to be positive — and sometimes you just have to go to bed! But a steady stream of hopeful or reassuring thoughts can help bring us back to the truth that we are not alone. "I can do all things through Him who strengthens me" (Philippians 4:13) or simply, "It's going to be OK!" are better thoughts to think than, "I'll never be able to do it!" Thinking on the true and good thing (Philippians 4:8) is far better than allowing fear to overcome you. No matter how bad the situation is, remember you are loved beyond measure.

4. Love (and forgive) yourself

One of my favorite Bible verses ever, but one that has taken years for me to comprehend is “love your neighbor as yourself” (Luke 10:27, among others). What does that really mean? I struggled with thinking loving the self was, well, selfish. Now, as an adult, I understand that you cannot love and accept others if you do not love and accept yourself. You cannot express unconditional love if you do not first practice it with yourself. There is a beautiful song by the Bluegrass band Mountain Heart that lists the writer’s transgressors and his success in forgiving them. Notice the last line.

*I forgive my daddy for missing half my life,
I forgive my momma for holding on too tight,
I’ve forgiven friends, strangers, neighbors, family,
Everybody... everybody... but me.*

Holding on to guilt can impact relationships because it blocks the flow of communication, of love itself. Practice grace — with yourself. You can’t truly live your life until you do.

5. Love one another (and forgive the ones you can’t forgive)

Such a simple directive. Such a beautiful philosophy. Did He really mean the ones we disagree with, too?!

Learning to love in the manner Christ intended is more of a lifetime goal than an immediate accomplishment. The progress sneaks up on you over months, years, sort of like when I gave up the perfection of Yoga Magazine and settled for “getting better.” Which is a nice verb phrase whose synonyms include “rejuvenate, restored and released.” Forgiving people who have hurt us may well be the most difficult task we are asked to perform as Christians. But if you keep “carrying all that anger, it’ll eat you up inside,” as Don Henley sang. The subtitle of the Rev. Adam Hamilton’s book on forgiveness is, “Finding Peace Through Letting Go,” and it means just that. And just know...it’s a process. Accept where you are with it.

6. Pray — right where you are

I tend to agree with writer Anne Lamott that prayers are usually “Thank you! Thank you! Thank you!” or “Help me! Help me! Help me!” But as I grew spiritually, I began to pray for other people when I myself was hurting. It’s been a powerful practice that has changed my perspective about what others go through and how many blessings I actually have. A daily devotional, like the one offered at The Upper Room, a book of prayers from around the world, “A Bead and a Prayer,” (as explained by United Methodist author, Kristen Vincent) and even crying, are all ways you can connect with God. Pray. Pray in the way that works for you. If you haven’t in a while, if you don’t believe it works... then pray that. God’s not afraid of your doubt. Praying is something you can do *wherever* you are.

7. Be grateful — and be joyful

I woke up one morning when all I wanted to do was cry, and I heard clearly in my head: *This is the day that the Lord hath made. I will rejoice and be glad in it.* (Psalm 118:24) So, I played “Happy” by Pharrell Williams, instead. Gratitude is a spiritual practice that will change your life. It’s not just that it shifts your focus from what you don’t have to what you do have. It can lift your spirits in such a way that helps you cope when you are down. Joy is an inside job but it can be inspired by external things. Music. Children. Nature. Art. Find them.

8. Think of the other fellow

That is what my mother used to say. “And you’ll feel better.”? When I was little, I thought doing things for others was about, well, others. It was the right and proper thing to do, but I wasn’t sure it was necessarily fun. But as an adult, I realized it did far more for me than it ever did for anyone I ever helped. The Wesleyan tradition holds that faith and good works belong together. “We offer our lives back to God through a life of service.” You cannot help someone else and not be changed yourself. Which may be the coolest paradox of “do unto others as you would have done unto you.” Try it.

You don’t have to master all spiritual practices this week or even this year. But you can earnestly strive to be more spiritual at any point in time. It is an on-going practice. A resolution you can re-make daily. Happy New Year.

**JANUARY 2018
REVISED COMMON LECTIONARY
FOR SUNDAYS & FESTIVALS**

We are encouraged and invited to read and reflect on these scripture passages as a part of our preparation for each worship service.

Epiphany of the Lord—January 6, 2018

Isaiah 60:1–6
Psalm 72:1–7, 10–14
Ephesians 3:1–12
Matthew 2:1–12

Baptism of the Lord—January 7

Genesis 1:1–5
Psalm 29
Acts 19:1–7
Mark 1:4–11

Second Sunday after the Epiphany—January 14

1 Samuel 3:1–10 (11–20)
Psalm 139:1–6, 13–18
1 Corinthians 6:12–20
John 1:43–51

Third Sunday after the Epiphany—January 21

Jonah 3:1–5, 10
Psalm 62:5–12
1 Corinthians 7:29–31
Mark 1:14–20

Fourth Sunday after the Epiphany—January 28

Deuteronomy 18:15–20
Psalm 111
1 Corinthians 8:1–13
Mark 1:21–28

JANUARY NURSERY VOLUNTEERS

Jan. 7—Sally Zaring
Jan. 14—Joyce Kalmey
Jan. 21—Abby Dew
Jan. 28—Maree Collins

JANUARY GREETERS & USHERS

Jan. 7—Stephanie & Paul Schmidt
Jan. 14—Diann Cook, Geo & Billy
Jan. 21—Jenny & Carlen Pippin, Nancy Sears
Jan. 28—Joyce Dotson, Sue & John Davis



2018 OFFERING ENVELOPES - If you would like to have offering envelopes for the New Year, please pick-up a box of envelopes from the Information Center in the Assembly Room. To ensure proper credit to your contribution statement, please print your name on the envelope log sheet. You may also call the office at 633-2693 to request envelopes.

Updated Church Directories Now Available

If you'd like the latest copy of the church directory, please contact Donna Wilson in the church office (502-633-2693 or 1pchurch@bellsouth.net) and let her know which format you would like (electronic or printed).

Please update your director with the following:

Bob and Ginger Chapman
3014 Falcon Court
Shelbyville, KY 40065

Home: 502-633-5352
Cell: 502-220-5994

Please review your information in the latest edition of the directory and let us know of any corrections or additions that need to be made.

FINANCE REPORT NOVEMBER 2017

In November, we collected \$13,935.00. On the expense side, we spent \$17,127.60. We spent \$3,192.60 more than we collected. Questions? Please call Fred Waits (502) 321-5128.

FPC Shelbyville Budget Summary as of November 2017			
	Last Month	Year to Date	
Pledges Received	\$7,708.00	\$118,795.65	
Kroger Gift Card	\$0.00	\$878.84	
From Savings	\$0.00	\$7,000.00	
Other Income	\$6,227.00	\$43,243.89	
Designated Funds	\$505.00	\$24,641.53	
Total Income	\$14,440.00	\$194,559.91	
OPERATING INCOME	\$13,935.00	\$169,918.38	
Personnel Expense	\$13,681.40	\$150,706.18	
Utilities	\$1,947.00	\$15,634.59	
Building Maintenance	\$3,124.48	\$15,436.51	
Youth & Education	\$0.00	\$1,161.97	
Music	\$0.00	\$433.00	
Office	\$517.01	\$5,411.25	
Shared Mission	\$0.00	\$0.00	
Per Capita	\$0.00	\$4,662.16	
Other	-\$2,142.29	\$1,134.70	
Designated Expenses	\$2,984.82	\$25,043.40	
Total Expenses	\$20,112.42	\$219,623.76	
OPERATING EXPENSES	\$17,127.60	\$194,580.36	
Summary 2017	Income	Expense	Difference
December			
November	\$13,935.00	\$17,127.60	-\$3,192.60
October	\$10,890.83	\$17,008.50	-\$6,117.67
September	\$14,184.00	\$13,528.05	\$655.95
August	\$4,169.88	\$21,777.53	-\$17,607.65
July	\$28,244.69	\$14,686.59	\$13,558.10
June	\$9,356.00	\$14,884.22	-\$5,528.22
May	\$20,267.65	\$21,443.51	-\$1,175.86
April	\$17,238.36	\$16,871.70	\$366.66
March	\$16,841.43	\$19,267.83	-\$2,426.40
February	\$15,905.50	\$17,311.14	-\$1,405.64
January	\$8,047.06	\$20,887.44	-\$12,840.38



2017 CHOIR CHRISTMAS CONCERT



Lily Jasper
lights the
candles on the
Advent wreath.



The
Sanctuary
was
cozy
with a
nearly full
crowd.



A Morning Filled with Joy Women's Christmas Gift Exchange

Thirty-five women ranging in age from 12 to almost 90, gathered at the church and enjoyed a delicious breakfast followed by a rambunctious gift trading game. The Mulberry Room and Fellowship Hall were filled with Christmas songs, giggles, oohs and ahhs as participants tried to figure out just what their gift was, how to use it, or who made it.

The fun and games were followed with a time of reflection in the Sanctuary. Hymn singing and special music were led and provided by vocalist, Christina Lynne and pianist, Carolyn Cutshaw. Special thank yous to the men (Doug Welch, Keith Nethery, Carlen Pippin and Mark Whittaker) who did everything from kitchen cleanup to herding women! (No men were injured during this event.)

Along with fun and fellowship, other goals were to learn more about Dining for Women and collect a love offering for Advancing Girls' Education in Africa: girls in Malawi who are in need of education and skills for positive life choices.



Greeters Sally Zaring & Bethany Blair made sure everyone received their name tag and team color.



Cecilia Jones, Joyce Kalmey and Meme Lafferty enjoy the bountiful buffet of breakfast casseroles, fruits and pastries.

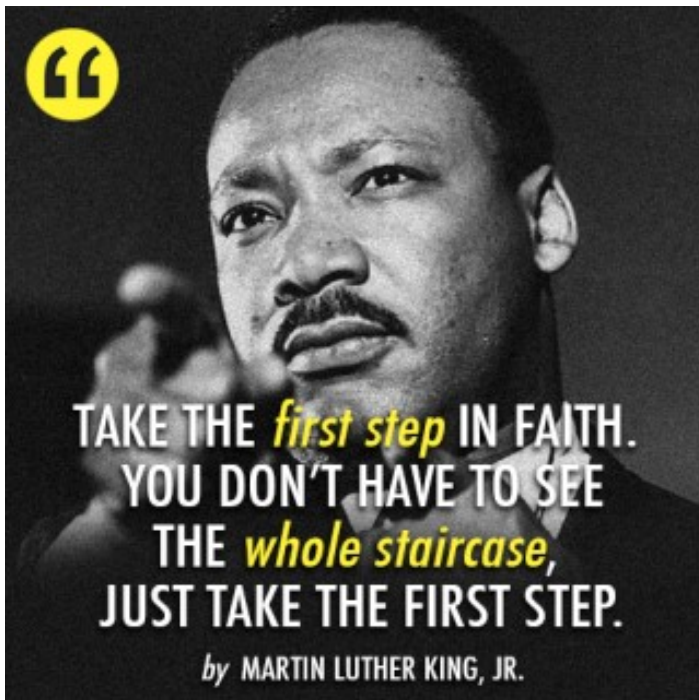
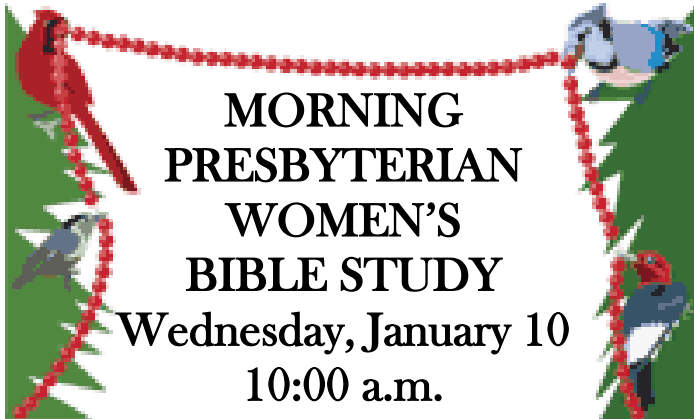


This is just a sampling of the wonderful gifts brought to exchange: homemade breads, vinegars, jams, and bath salts; Christmas towels, decorations and oven mitts; art work, gift cards and pickles...



And the Winners are...

Jason Collins had the winning ticket for the beautiful wingback chair, and Mark Whittaker won the signed Dan Dry photo of Muhammad Ali. Mark also was lucky enough to win the mounted photo of Cumberland Cove by Fred Waits. Thanks to everyone who bought tickets, and to Leslie McCarthy, Dan Dry and Fred Waits for donating the items. This raised approximately \$2000 to help buy more beds for more children.



Celebrate
Martin Luther King, Jr. Day
by doing something
for somebody else.

Monday, January 15



Outreach



Ministries

JOIN US ON
Wednesday, JANUARY 3
Anytime between
12:00 noon & 4:00 p.m.
At the Serenity Center,
98 7th Street

**Help distribute food to Shelby
County residents.**



**Serenity Center
Food Bank**

Bring plastic bags (Kroger, Walmart, etc.)

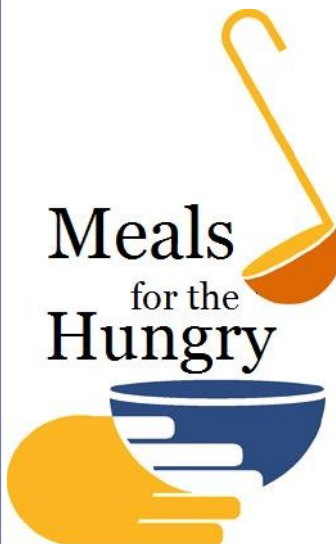


**HELPING OUR
NEIGHBORS
IN NEED**

JANUARY 14
Remember
Love Sunday

Funds collected on Love Sunday are used to help many individuals in the community needing assistance with utilities, prescriptions, school supplies, and more. Payments are made directly to the vendors, and cash is never given to an individual. Individuals may request assistance once in a 12-month period with a \$ limit per request. Make your checks payable to First Presbyterian Church and mark it for LOVE SUNDAY.

**Meals
for the
Hungry**



**VOLUNTEER TO SERVE
LUNCH AT
GOD'S KITCHEN
715 Main Street
Downtown Shelbyville**

THURSDAY, JANUARY 11
10:30 A.M.

**INTERESTED? Talk to Boyd
or Susie Phillips about how
you can help. Desserts are
always needed.**



Winter has arrived, and many children are without hats and gloves. The Mitten Tree in the Mulberry Room is decorated with your donations of mittens, gloves, hats, and scarves. If you know of someone needing gloves, etc., please feel free to take a set to them.

THE OUTREACH COMMITTEE REPORT TO SESSION FROM DECEMBER 2017

One family was helped with electricity this month.

Eggs are not available from the adopted family since the hens are not laying. Mary used egg money for a gift card for the son of the adopted family.

A Place to Sleep

-1451 children have received beds with 258 given in 2017. There are 23 on the waiting list.

-The proceeds for A Festival of Lights at Amber Oaks will be donated to A Place to Sleep.

-31 beds were delivered on December 16 after the Christmas baskets. These were paid for in part from the Disney grant.

Give a Kid a Brighter Day

Cadence Collins provided pajamas and books for 75-80 children in our Christmas baskets.

This church is volunteering at the Serenity Center on 7th Street the first Wednesday of each month. Carlen Pippin has been sharing extra food with God's Kitchen, Colonial Hall, and the Women's Renaissance Center.

Gary Steinhilber received a violin for the Musical Instrument Ministry making a total of **100** instruments that have been placed in the schools. Gary has placed a notice on the Community page of the Sentinel News.

God's Kitchen was December 14. Meme Lafferty and Susie Phillips provided desserts. Elaine Harrison Lane brought cornbread to accompany Boyd Phillips' soup beans and Gary Steinhilber's potato soup. There were no leftovers. The next day for us to serve at God's Kitchen will be January 11. Anyone with desserts should bring them to the church by 10:00 am, and those wishing to help serve should be at Victory Baptist by 10:30 am.

Christmas baskets were assembled and delivered on December 16. We received names from the Salvation Army. Volunteers of all ages helped. Evan Welch served as the Spanish interrupter.

We will ring the bells for the Salvation Army on December 24.

Coupons are being collected for the military.

Flip tops are collected for Ronald McDonald House.

Donations for the Backpack Project and BooBoo Buddies are being collected.

Maree Collins can use toilet paper, paper towel and wrapping paper rolls, cardboard such as empty cereal boxes, and knee high hose.

Cancelled stamps are being collected for the American Indians.

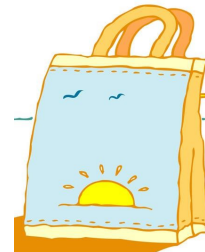
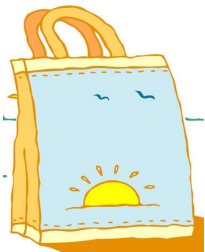
Shoes are being collected for the water project.

Plastic caps are being collected by Carlen Pippin for a bench for the Park.

The next meeting will be January 14.

Save the Date
Shelby Touched Twice Clinic
Saturday, March 17, 2018

They need us to collect canvas and vinyl tote bags for them
that will be used to hold free clothing.



Thanks to all the Elves who showed up early on a cold Saturday morning to assemble, carry out and help deliver 50 Food Baskets. The recipients of the baskets are names pulled by the Salvation Army Angel Tree Program as families they believe could benefit from extra food during the holidays. Having a clearinghouse like Angel Tree helps eliminate duplication and allows ministries such as ours to reach farther and have a greater impact. We go beyond just a food basket, though. Families who came to the church to pick up their box, also had the opportunity to choose a toy or two for each child as well as hats, mittens, gloves, etc., from our Mitten Tree. Plus, each child in the boxes received a set of pajamas, a book, a small toy and a New Testament from Give A Kid A Brighter Day.



None of this could happen without the dedication and organization of Boyd & Susie Phillips; the willingness of Ronnie Barrickman from Save-A-Lot to continue providing food for the baskets at a low, low cost; Jason Collins and Farrier Product Distribution providing the boxes, donors writing checks, volunteers to put everything together, but most importantly, God's Grace for allowing us to have this opportunity. THANKS BE TO GOD!

FROM START TO FINISH





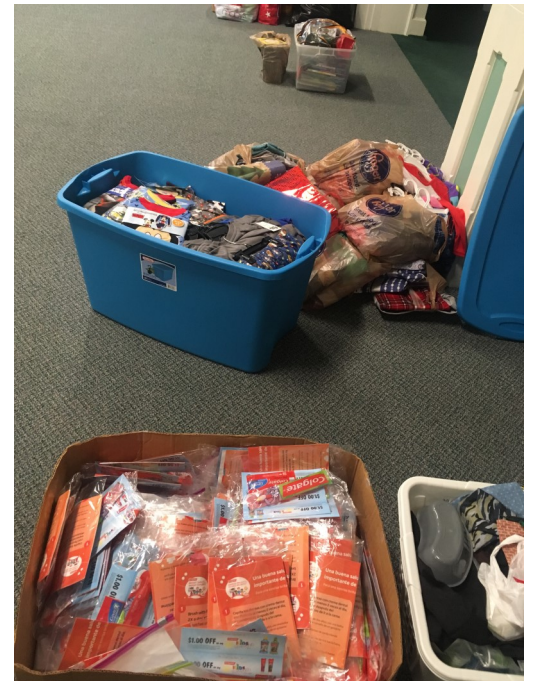
Christmas





Give A Kid A Brighter Day

Even while fighting off walking pneumonia, bronchitis and a sinus infection, Cadence Collins collected and purchased pajamas and books to go to every child in the families receiving our church's Christmas Food Baskets. That was somewhere between 75 & 80. They also received toothbrushes, toothpaste, and other toiletry and hygiene items, a small toy and a New Testament donated by the Gideons. Some received handmade teddy bears made by Tedda Baehr, sister of Samantha Baehr Tanner of Baehrs Den. Thanks to everyone who made this possible again this year.



Poinsettias were placed in the Sanctuary

In Memory of:

John & Mary Fulton by Brooke Caudill
Loyd Jones Caudill by Brooke Caudill
Geoff Cook & John Seplak by Billy & Geo Cook
Jack & Ruth Schnaiter by John and Sue Davis
Gene Hall by The Hall Family
Nina Mayfield Kalmey by John E. Kalmey
Mr. & Mrs. George J. Kalmey by John E. Kalmey
Mr. & Mrs. C. W. Mayfield by John E. Kalmey
Nina M. Kalmey by Janet Kalmey & Joyce Kalmey
The Phillips & The Hankins, our parents by Boyd & Susie Phillips
Wendy & Sandra Beth by Boyd & Susie Phillips
Rob Long by The Tenor Section of the Choir
Our parents, Erwin & Rose Lahey by Vic & Judy Schostkewitz
Morris Tillman by Jayne Tillman/Mrs. Robert Reed
Robert Reed by Jayne Tillman/Mrs. Robert Reed
Mr. & Mrs. Mervin Reed by Jayne Tillman/Mrs. Robert Reed
Mr. & Mrs. Howard Seybert by Jayne Tillman/Mrs. Robert Reed
Jerry C. Troyer by Barbara Troyer
Marilyn & Don Lantz by The Welch Family
Carl V., Mary B., & Janet Garner
Ralph & Rena Holt Mitchell
John D. Clayton



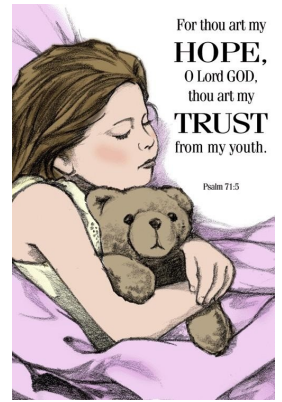
In Honor of:

Norma Beasey by Bert, Racene & Amy
My Family by Norma Beasey
Tom Seacat by his choir
Boyd & Susie Phillips and their loving hearts by someone who appreciates them
Lucy & Dollie by Ann & Henry Greenwell
John E. Kalmey by Janet Kalmey & Joyce Kalmey
John, Ann, Janet & Joyce Kalmey by John E. Kalmey
Todd and his crew by Boyd & Susie Phillips
Sharing & Caring Sunday School Class by Boyd & Susie Phillips
Lawson, Ryan, Hanna and Callaway by The Polletts
Grandchildren by Odie & Nini
Grandnephews and Grandnieces by Grantie & Gruncle
Boyd & Susie Phillips by Sharing & Caring Sunday School Class
Jackie & Ray Welch by The Welch Family
Our Mother, Dorothy Weitzmann, by David Weitzmann, Elizabeth Weitzmann & Mark Reidy
Mimi & Hots by Lawson, Ryan, Callaway and Hanna
Grantie & Gruncle by Lawson, Ryan, Callaway and Hanna

A Place to Sleep



We have helped 1,459 children to date with 266 of those in 2017. Currently there are 78 on the waiting list. We delivered beds for 31 children on December 16 when we hosted a Christmas Bed Delivery Day, funded partially by a Disney Be Inspired Grant. Special thanks to all the ladies from Awake Ministries Recovery House, Keith Tanner from Baehr's Den, Erika & Tyler Williams, Marilyn Cleveland, Jerry Ray, and Matt Pippin for all your help that day.



Mortenson's Family Dental joined hands with us and delivered beds and gifts to a very sweet family. Thank you, Dr. Koval and staff, for having such loving hearts.



Painted Stone Elementary staff adopted a family of their own and made it a very Merry Christmas for some of their students, including beds. PSE Rocks!

Possibly the most touching delivery was after receiving an emergency call for help from Office Cam Chenault, LMPD. After going on a run for possible neglect, Cam was quick to realize it was not neglect, but lack of resources and knowledge of what to do. Children without beds was one of the problems, and Cam didn't hesitate to call us. It was Wednesday, we were all volunteering at the Serenity Center, and we don't deliver out of county. So during the morning prayer, we lifted up this family and asked for help. It just so happened that the Martha Layne Collins High School Football team and coaches were also volunteering that day. Within an hour, Coaches Lucas and Wigglesworth had everything loaded and were headed to Louisville! Thanks be

to God for these men and their leadership, and for Officer Chenault and LMPD for recognizing the true problem and not being afraid or unwilling to step up and make the difference.

January 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Children's Fifth Sunday Outing Uspiritus Fifth Sunday Offering 9:45 AM Sunday School for All Ages 10:00 AM Choir Rehearsal 11:00 AM Worship 12:15 PM "Good Grief" 7:30 PM NA/AA 12-Step Group Meeting	1 OFFICE CLOSED	2 New Year's Day 3:30 PM Emerging Artists 7:00 PM Boy Scouts 7:30 PM NA/AA 12-Step Group Meeting	3 12:00 PM Food Distribution at Serenity Center 7:00 PM Choir Rehearsal	4	5 7:30 PM NA/AA 12-Step Group Meeting	6 EPIPHANY 10:00 AM Knit-Wits 12:00 PM NA/AA 12-Step Group Meeting
7 9:45 AM Sunday School for All Ages 10:00 AM Choir Rehearsal 11:00 AM Worship 12:15 PM "Good Grief" 7:30 PM NA/AA 12-Step Group Meeting	8	9 3:30 PM Emerging Artists 7:00 PM Boy Scouts 7:30 PM NA/AA 12-Step Group Meeting	10 10:00 AM PW Morning Bible Study 7:00 PM Choir Rehearsal	11 10:30 AM FPC serves lunch at God's Kitchen	12 7:30 PM NA/AA 12-Step Group Meeting	13 12:00 PM NA/AA 12-Step Group Meeting
14 LOVE SUNDAY 9:00 AM Outreach Ministry Meeting 9:45 AM Sunday School for All Ages 10:00 AM Choir Rehearsal 11:00 AM Worship 12:15 PM "Good Grief" 7:30 PM NA/AA 12-Step Group Meeting	15 Martin Luther King Jr. Day OFFICE CLOSED 12:00 PM Newsletter articles due	16 3:30 PM Emerging Artists 7:00 PM Boy Scouts 7:30 PM NA/AA 12-Step Group Meeting	17 6:00 PM Science and Theology Chat 7:00 PM Choir Rehearsal	18	19 7:30 PM NA/AA 12-Step Group Meeting	20 12:00 PM NA/AA 12-Step Group Meeting
21 9:45 AM Sunday School for All Ages 10:00 AM Choir Rehearsal 11:00 AM Worship 12:15 PM "Good Grief" 7:30 PM NA/AA 12-Step Group Meeting	22	23 3:30 PM Emerging Artists 7:00 PM Boy Scouts 7:30 PM NA/AA 12-Step Group Meeting	24 7:00 PM Choir Rehearsal	25	26 7:30 PM NA/AA 12-Step Group Meeting	27 12:00 PM NA/AA 12-Step Group Meeting
28 9:45 AM Sunday School for All Ages 10:00 AM Choir Rehearsal 11:00 AM Worship 12:15 PM "Good Grief" 7:30 PM NA/AA 12-Step Group Meeting	29	30 3:30 PM Emerging Artists 7:00 PM Boy Scouts 7:30 PM NA/AA 12-Step Group Meeting	31 7:00 PM Choir Rehearsal	1	2 7:30 PM NA/AA 12-Step Group Meeting	3 10:00 AM Knit-Wits 12:00 PM NA/AA 12-Step Group Meeting



Go out and preach the Gospel, using words if you have to.



Since our last issue, we lift up the following in our prayers:

All those suffering from flu and flu-like illnesses,
including: Paul Schmidt, Mary and Gary Steinhilber,
Dee Hochstrasser, the entire Collins Family
Bill Lancaster & Family
Charles & Susan Stanford
David Hines
Dee Hochstrasser
Delaney & Family
Family and friends of Helen Hisle
Family and friends of Marty Bright
Family of Irene Griner
Gene Hobius
George Tichenor Family
Gregg Neal's sister, Patsy
Jeff Quire
Joe Kline
Linda Shepard
Lynne Chenault
Mary Ann Soergel
Mel Gregory
Morry Searcy
Park Wills & Family
Pete
The Bentley Family in Campbellsburg
The Family of Ben Eddy
The Family of Cecil Hardin
The Family of Don Prather
The Family of Geoffrey McGillen
The Jasper Family
Una Lee
World Peace

We give thanks to God for:

All those celebrating birthdays, including: Ruth Wilson, Andy Shepard, JR RoBards Joe Eddy Lafferty, Jewel Davis and Jerry Tygrett
All those who helped assemble, interpret, deliver, cleanup, etc., during the Christmas Basket distribution
All those who helped with and participated in the Advent Workshop & Breakfast
Austin & Emma Redmon expecting child #2
Bill Logan's recovery following a fall
Linda Long's return
Lynne Chenault's continued recovery
Mark and Jaymie O'Malley expecting child #1
Mary Ann Soergel back in worship
Mary Kate and Baby Davis
Nancy Sears' grandson, Phillip, named Outstanding Senior at UofL
Robert Sherrod home from college
Safe travels for everyone during the holidays
Sudanese family reunited in United States after 16 years
The birth of Robert Thomas Poe, grandson of Mike and Phyllis McCardwell, and prayers for the new parents
The church's Musical Instrument Ministry receiving its 100th instrument donation (instruments are repaired and given to Shelby County Public Schools for disadvantaged student use)
The life of Mel Gregory, friend of Duke Owens
The Pollett, Zaring, Munoz cousins together again
The upcoming marriage of April Schostkewitz

We continue to lift up:

Alaine Shepard & Family
All our family & friends at Crescent Place, Crestview, Amber Oaks, the Masonic Home & other assisted living care centers
All those affected by the hurricanes, fires and earthquakes
All victims of terrorism
Amy Allen & Family
Amy Wakeman & Family
Amy Wakeman's Sister & Niece
Art Kyle
Bob & Jacquie Lier

Carolyn Clayton
Cliff Bramlett
Dan & Charlene Herrinton
Dottie Segretto
Jewel Davis & daughters Mary & Brenda
Jim & Jan Bonner
Joe Murtaugh
Joyce Dotson
Margaret Linten
Martha Leveille
Melinda Pencil
Our leaders as they tackle problems & make decisions
The Garbat-Welch Family



1/02 Todd & Kristy Hall
1/08 Sue & John Davis

1/01 Janet Yates
1/04 Jewel Davis
1/04 Alex Green
1/04 Zoe Kremer
1/06 Vandy Powell
1/07 Luke Bortscheller
1/10 Joyce Dotson
1/10 Amelia White
1/13 Jason Collins
1/13 Destiny Dodd
1/13 Hope Kremer
1/14 Al Cook
1/14 Jeremiah Easley
1/17 Kathy Searcy
1/19 Brooklyn Neace
1/22 Robert Sherrod
1/23 Carrie Cotton
1/23 Bill Powers
1/29 Todd Dodd
1/29 Mary Steinhilber
1/30 Angela Cook
1/31 Kennedy Gill



**This quarter's check
from Kroger was \$368.44,
making a total-to-date of
\$11,114.39.**



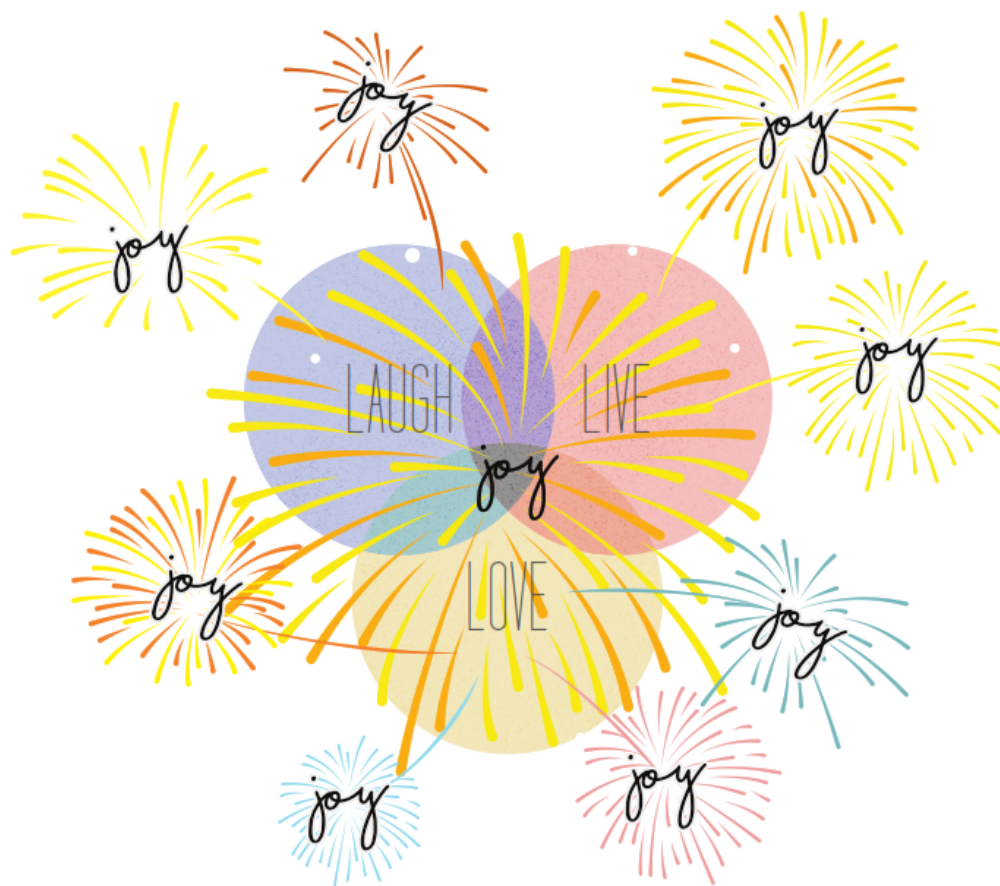
In honor of the Super Bowl on Sunday, February 4, we are hosting a Souper Bowl Challenge to aid the Shelby County Backpack Project. Bring canned soups with flip tops, individual servings of crackers or chips. Use your item to vote for the NFL or AFC. No matter who wins the game, the children will be the recipients of our fun.

We pray for our military family & friends:

Alaine Shepard, medic US Army, wife of Steve Shepard, daughter-in-law of Linda Shepard,
deployed to Iraq
Brandon Pettyjohn
Brandon Brouillet, father of Tyler Brouillet
Carmen Aragon Corum, sister of our childcare workers
Daniel Ehrichs, nephew of Joanne Burke
David Luebke
Frank Renner, US Navy, Leslee Bottorff's son
Gabriel Romeo, US Army, brother of our childcare workers
Hannah Riddle, US Air Force, granddaughter of Carlen & Jenny Pippin
Hunter Moore, US Marine Corps, Tom & Brenda Seacat's nephew
Jack Walters
Jared Bentley, US Marine Corps, Tom & Brenda Seacat's nephew
Jonathan Bowman
Lt. Col. Marshall MacClellan, US Air Force chaplain, currently stationed in GA, nephew of Nancy Sears
Matthew Harper, Alaine Shepard's son, US Army
Ryan Donaldson, grandson of Joanne Burke
Seth LeMaster, US Marines, family of Lynn & Mark Whittaker
Spencer Goetzinger, US Army, husband of Bobbie Renner Goetzinger, son-in-law of Leslee Bottorff
Todd Dillon, US Army, friend of the Whittakers



(If you have additional information regarding any of the folks listed above or have someone else to add to the list, please contact Lynn Whittaker or leave with the church office.)



The Arts, Recreation, and Worship Conference

LAUGH, LIVE, LOVE WITH *joy*

MAY 7-12, 2018 | MONTREAT, NORTH CAROLINA

ARW provides a week long experiential learning opportunity amongst a community where laughter and love are keys to living life to its fullest. At the center of all our learning, living, laughing and loving one another, we find the joy that is God's love shared in community.

Sponsored By:

re:create

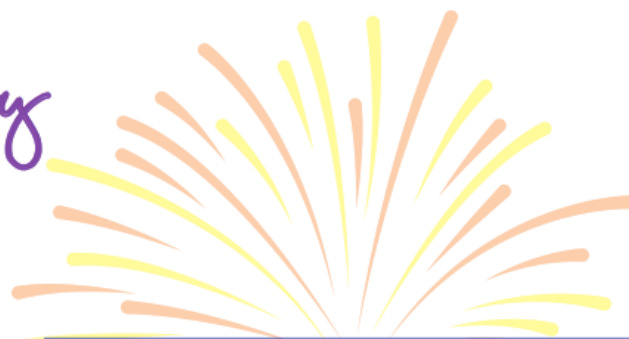


MONTREAT.
CONFERENCE CENTER

learn more on our website at: re-create.cc

LAUGH, LIVE, LOVE WITH *joy*

ARW 2018: MAY 7-12, 2018



CONFERENCE LEADERSHIP



Bill Buchanan - Worship Leader

Bill is a pastor, Christian educator, youth worker, father, husband, and friend. He is the Executive Director of Youth Mission Co, which includes the youth mission immersion programs of Asheville Youth Mission, Raleigh Youth Mission, and Memphis Youth Mission. He loves live music, cooking, and watching college basketball.



Eric Nanz - Music Leader

Eric is an accomplished instrumentalist, vocalist, song leader and songwriter. A professional instructor, he teaches guitar, piano, voice, bass, mandolin, banjo, ukulele, songwriting and music theory at his private studio in Fort Myers, Florida. He holds a bachelor's degree in music industry from James Madison University, where he majored in classical guitar and sound engineering. Eric currently helps lead music for Covenant Presbyterian Church, Fort Myers, as well as for retreats and conferences.

pre-conference event

ARW Scholarship Golf Scramble
Monday, May 8, 8:00 a.m.
Black Mountain Golf Course

For more info visit re-create.cc

WORKSHOP CHOICES

Participants will choose either TWO 2-day Morning or ONE 4-day Morning Workshop along with ONE 4-day Afternoon Course

Tuesday & Wednesday (2-day) Morning Workshops

- Inter-religious Dialogue - *Matt Hoffman*
- Mosaic Garden Stones - *Joe Eberly*
- Songwriting: The Expression of Faith Through Music - *Eric Nanz*
- Fused Glass - *Roger and Brian Maness*

Thursday & Friday (2-day) Morning Workshops

- Power, Privilege & Difference - *Marisol Jiménez*
- To Dye For - *Darci McKinnon*
- Fused Glass Wind Chimes - *Roger and Brian Maness*
- And they shall beat their swords into hooks and their spears into bottle openers (Beginning Blacksmithing) - *Scotty Utz*

4-day Morning Workshops

- Bringing God's Word to Life - Drama, Storytelling & More - *Michael Harper*
- Energize Me! - *Steve Price & Eric Dillenbeck*
- Popcorn Theology - *TBD*
- Heartbreak and Humor: Laughing Again After Loss - *Ashley Anne Masters*
- Create A Game Ottoman - *Leslie McCarthy*
- The Promise of Play - *Beth Gunn, Sophie Maness & Glenn Bannerman*
- Fitness Flight - *Julie Shannon & Jayn Lando*

4-day Afternoon Workshops

- Living Liturgy: Words & Movement - *Jo Nygard Owens*
- Holy Stories Coming Alive - *Lynn Turnage*
- You're Invited - *Kris Adler-Brammer & Nancy Myer*
- Advanced Youth Ministry - *TBD*
- Community Building 2018 Style - *Steve Price & Eric Dillenbeck*
- Space for Spirit - Altered Board Book Journals - *Deb Guess*
- That One Time We Made a Terrible Church Video - *Josh Richard*
- Stained Glass - *Brian & Roger Maness*
- Spirituality & Fly Fishing - *Kris "Bubba" Brammer*
- Toy Transformation - *Marilyn Werst*
- Come to Art Camp! - *Jayn Lando*

First Presbyterian Church
629 Main Street
Shelbyville, KY 40065

THE FIRST WORD
RETURN SERVICE REQUESTED

Non-Profit Org.
U.S. Postage PAID
Shelbyville, KY
Permit No. 19

Articles for
February's
First Word
are due by
12:00 noon,
January 15.

**MAREE COLLINS NEEDS THE FOLLOWING
FOR
PAINTED STONE ELEMENTARY'S ART
ROOM:**

Paper of any kind
Toilet paper/paper towel/gift wrap tubes
Flat cardboard....any kind any thickness....
including but not limited to cereal boxes
Any interesting objects to add to our
construction corner.....Such as drink carriers, old
game/puzzle pieces, wood pieces, etc.
Polyester fiberfill
Knee high hose

Boyd & Susie Phillips want to say
"THANK YOU"
to the anonymous person who donated
a poinsettia in their honor.



Knit-wits will meet on Saturday, January 6 at 10:00 a.m. at church. Knit-wits is open to all who want to creatively come together to make a difference or simply enjoy each other's company.

**CONTINUE SAVING
PLASTIC BOTTLE TOPS
FOR THE PARK**

Carlen Pippin is collecting plastic bottle tops to recycle into a bench for Shelby County Parks. Just like you did for Painted Stone Elementary, collect and save all those plastic tops and lids. Give them to Carlen or leave in the Fellowship Hall.

Norma Beasey, self-proclaimed "Bag Lady", is still collecting:
Plastic bags (Kroger, Walmart, etc.)
Box tops for Education for local schools
Coupons current or expired for military personnel
Old cell phones for military personnel
Ink cartridges from ink jet printers
Pull tabs from cans (soda, soup, etc.)
Postage stamps cancelled
Shoes any condition for Water Step
Magazines for Second Time Around
Eye glasses, cases, etc.

